

# PERSONAL VALUES

WE ALL VALUE SOMETHING. IT CAN BE AS SIMPLE AS A FAVORITE PAIR OF SHOES OR SOMETHING MORE IMPORTANT LIKE TIME WITH A GRANDPARENT ONCE A WEEK. WHEN IT COMES TO DATING, BEFORE YOU ENTER A RELATIONSHIP, IT'S CRUCIAL THAT YOU DECIDE WHAT'S IMPORTANT ENOUGH TO YOU THAT YOU AREN'T WILLING TO COMPROMISE—THINGS LIKE INVESTING IN OTHER FRIENDSHIPS, MAKING TIME TO STUDY, DATING SOMEONE WITH YOUR SAME FAITH OR "HOW FAR" YOU WILL OR WON'T GO SEXUALLY. KNOWING WHAT'S IMPORTANT TO YOU IS THE FIRST STEP TO HAVING THE BEST DATING EXPERIENCE POSSIBLE.

SO THINK ABOUT IT. WHAT'S IMPORTANT TO YOU? WHAT ARE THE RELATIONSHIPS IN YOUR LIFE THAT YOU VALUE NOW AND WANT TO CONTINUE TO VALUE WHEN YOU'RE DATING SOMEONE? WHAT ARE BOUNDARIES YOU WANT TO HAVE FOR THE PHYSICAL SIDE OF A RELATIONSHIP? WHAT ACTIVITIES AND INTERESTS DO YOU STILL WANT TO BE A PRIORITY EVEN WHEN YOU'RE IN A RELATIONSHIP? **MAKE A LIST BELOW UNDER EACH SECTION TO GET YOU STARTED:**

RELATIONSHIPS (OUTSIDE OF DATING, LIKE GOD, FRIENDS, FAMILY, ETC.):

DATING RELATIONSHIP (INCLUDING PHYSICAL CONTACT, WHAT YOU WILL AND WON'T DO):

SCHOOL (HOMEWORK, SPORTS, CLUBS, ETC.):

OTHER (MISSION TRIPS, CHURCH ACTIVITIES, HOBBIES, ETC.):

This is a great start! Now think of three people you can share your personal values with and ask them to pray for you and hold you accountable to your values. List the people below:

- 1.
- 2.
- 3.



# DATING AGREEMENT

I KNOW BEING ALLOWED TO GO ON DATES IS A PRIVILEGE. I RESPECT THAT MY PARENTS LOVE ME AND WANT GOD'S BEST FOR ME. MY PARENTS RESPECT THAT I AM BECOMING A YOUNG ADULT AND WANT THE PRIVILEGE OF DATING. THIS DATING AGREEMENT IS A STARTING POINT AND CAN BE UPDATED WHEN WE AGREE THAT IT IS NEEDED. THE GOAL IS THAT I CAN HAVE HEALTHY RELATIONSHIPS WITH MY PARENTS AND THE PERSON I CHOOSE TO DATE.

## WITH THAT IN MIND, WE AGREE:

1. That I can begin dating when I am \_\_\_\_\_ years old.
2. To keep communicating about my personal values on dating, relationships and physical contact.

(DEFINE YOUR PERSONAL VALUES ON A SEPARATE SHEET OF PAPER. INCLUDE YOUR GOALS FOR DATING AND SPECIFIC BOUNDARIES THAT WILL HELP YOU STICK TO YOUR VALUES AND REACH YOUR GOALS.)

3. I will introduce my date to my parents before I will be able to go out alone on a date with them. I understand that I may hang out in groups with friends who my parents know without introductions, but I am to communicate openly about who I am hanging out with.
4. I will not date anyone \_\_\_\_\_ years older than me or anyone \_\_\_\_\_ years younger than me.
5. I am allowed to go on \_\_\_\_\_ dates per week. This includes visiting at each other's homes but not group or school outings.
6. I will be home—in the door and date gone—by \_\_\_\_\_ p.m.
7. I will tell my parents where I am going to be and with whom for the entire time I am gone.
8. My responsibilities come first. I will keep up with these responsibilities or possibly lose my dating privileges.

(DEFINE THESE RESPONSIBILITIES ON A SEPARATE SHEET OF PAPER. SOME EXAMPLES ARE: HOMEWORK, CHORES, CHURCH, EXTRACURRICULAR ACTIVITIES, INVESTING IN FRIENDS, SLEEP, ETC.)

9. As a young man, I am responsible for paying for my dates, not my parents. As a young woman, if my date doesn't pay, I should not expect my parents to pick up the bill.

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PARENT SIGNATURE

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STUDENT SIGNATURE